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TO SHAKESPEARE
BY THE SEA** {page 13}

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TIME TO SHINE
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LAST LAUGH AT
MOOSE CAMP** {page 20}



HALIFAX

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Thursday, August 18, 2011
www.metronews.ca



News worth sharing.



Baby, I'm coming home

► Sailor has received more than 250 photos of infant son via email ► Six babies have been born to sailors on HMCS Charlottetown in past six months ► Charlottetown handing off command to HMCS Vancouver today



**JENNIFER
TAPLIN**
@METRONEWS.CA

The closest Lt.-Cmdr. Matthew Coates has come to holding his son is putting up photos in his bunk in HMCS Charlottetown.

He'll see his baby, Nathaniel, for the first time when the ship pulls into Halifax, likely on Sept. 2. The Charlottetown left Halifax in March as part of Operation Mobile in Libya.

Because of the timing of the birth, Coates wasn't able to take leave to fly home to be with his wife during delivery.

"It's challenging, and the clock isn't moving as fast as I would like," he said in a phone interview from the ship yesterday.

"It weighs heavily on your mind, but I also think, to some extent, it's not a lot different than everyone else on board who has young children."

Nathaniel was born on July 18, and Matthew won the betting pool onboard the ship on when the baby would arrive.

"It seems somewhat fixed, but it wasn't fixed at all. I was within six



► Lt.-Cmdr. Matthew Coates
aboard the HMCS Charlottetown.

ounces of the weight, three minutes of the time but I got the sex wrong," he said.

His wife, Meghan, who also works for the navy, said she thinks the past month has been harder on Matthew.

"Just because if anything were to happen, he was just so far away. I think he felt a little helpless," she said.

Nathaniel, a healthy and happy baby, seemed blissfully unaware of the upcoming homecoming and was content to receive kisses from his mom yesterday.

"Mommy loves you," Meghan crooned. "And daddy loves you too."

More coverage {page 5}



► Meghan Coates snuggles her one-month-old son, Nathaniel, in their Bedford home yesterday. Lt.-Cmdr. Matthew Coates will see Nathaniel for the first time when the HMCS Charlottetown returns home to Halifax next month.

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AG: Councillors need to leave better paper trail

- Compliance audit reveals documentation deficiency
- CAO office agrees with the majority of Munroe's recommendations



► HRM Auditor General Larry Munroe speaks with reporters in this file photo from June.

ALEX BOUTILIER
@METRONEWS.CA

Halifax Regional Municipality's auditor general hopes councillors will tighten up the way they document "discretionary" spending.

At a meeting of the municipality's audit and finance committee yesterday, Larry Munroe tabled a report on council's district-activity fund, sometimes referred to by councillors as their discretionary fund.

"The main message was that we think we could tighten up the paperwork

around the funds themselves, the dispersion of the funds," said Munroe. "What we're looking for is more consistency in the (paper trail)."

Between the district-activity fund and the district capital fund, councillors are allowed to spend up to \$65,000 on non-profit capital projects and \$3,000 to non-profit organizations in their constituencies.

Munroe's report found that, in some cases, proper receipts weren't provided with the spending. In other cases the auditor general's office could not identify the purpose of the funding.

"If I were doing a performance audit, a value-for-money audit, I might be more concerned about (the lack of documentation)."

HRM AUDITOR GENERAL
LARRY MUNROE

He suggests creating a single-page form councillors would have to fill out before they dip into the funds. The form would include reminders about how district-activity funding must be spent, and provide space for receipts and

formal funding requests.

"It's not as though I think (the spending is) inappropriate.... We're just really saying, 'Let's do it all the same for everybody,'" said Munroe.

During his presentation, Munroe was at pains to point out a compliance audit is different than a value-for-money audit.

In other words, his report only deals with the compliance with the current policy, not with assessing how good or bad that policy is.

But he didn't rule out doing a more comprehensive audit in the future.

Too many mobiles, too few calls add up to HRM money for nothing

Unused cellphones cost HRM almost \$60,000 in 2009-10.

That's according to a report by municipal auditor general Larry Munroe, delivered to HRM's finance and audit committee yesterday.

Munroe found the municipality spent \$58,552 in 2009-10 on staff mobiles that were not used to make a single call. When expanded to cellphones that used between zero and 60 minutes a month, the bill grows to \$212,835 a year.

But one of the main factors driving up cost was not individual usage, but rather the number of mobiles in use.

"We consume the same amount of minutes, pretty much, in 2009-2010 as we did in 2006. It's the number of units that has changed our cost," said Dave Marr, a senior associate auditor.

● ALEX BOUTILIER

Unit growth

► The number of PDAs — essentially smart phones like BlackBerrys — grew by 70 per cent over that time period, to 614 units.

► Other cellphones grew by 10 per cent, to 1,084.

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news


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► John Gilhen, curator emeritus at the Museum of Natural History in Halifax, points at the teeth on a great white shark head yesterday afternoon.

Dangerous predator now museum's delight

► Shark's skeletal head will be on display at National History Museum next month ► Jaw with all its teeth intact a 'major find'



JENNIFER TAPLIN
@METRONEWS.CA

Rows of serrated teeth on a fierce-looking jaw surfaced from the murky water yesterday.

But this shark is no longer a fierce predator: It's the head of a great white being kept in a bucket at the Natural History Museum in Halifax.

The shark was caught in a fishing weir in the Bay of Fundy near the community of Economy, Colchester County, overnight on Aug. 6. Its head was recently taken to the museum for study and eventual display.

It's the only head of a great white at the museum.

"We get reports of sharks all the time, every summer in Nova Scotia. Sometimes they say it was a white shark but we don't have the evidence," said John Gilhen, a curator at the museum.

"This is solid evidence they're here."

But don't stay away from

the beach, Gilhen said people should not worry.

"Having said that, if there's a shark in the water get out," said Gilhen.

Atlantic Canada is the northern limit of the great white's territory as they hunt seals and porpoises.

"They bite the tail off so

the porpoise can't swim away, then they just circle around and eat the rest of it," Gilhen said.

But this specimen is a juvenile female, at three metres (10 feet) long instead of the standard six metres (20 feet), and was likely hunting fish when it was caught. Fisherman tried to keep it alive, but it died soon after capture.

"We call this one a pup, but it's still big enough to bite your ankle off."

Residents nervous

Forgive the residents along the Minas Basin if they are a tad leery about heading out for a dip in the bay these days.

The presence of a Jaws-like breed of man-

eating sharks will kind of do that to you.

"Everybody's kind of in shock, you know," said Carol McLaughlin, who works in the local gas bar in Economy.

It has been more than six years since a reported sighting of a great white shark in Atlantic waters. **TRURO DAILY NEWS**

Big catch

- The head alone weighs 100 pounds.
- Shark was at least metres feet long, and weighed between 600-700 pounds.

Eastlink constructing wireless network

EastLink announced yesterday they are launching what they describe as one of North America's most advanced wireless systems in 2012.

The new network currently under construction by EastLink is designed to

meet customer demand for high-speed data transmission to and from hand-held devices, a release said yesterday.

"The cellphone has become a powerful tool that consumers are using for far more than making phone

calls," Steve Irvine, vice-president of engineering and operations for EastLink wireless, said in a release.

"EastLink's network will permit high speed video and data streaming — services consumers now expect." **● METRO**

Partners

EastLink is partnering with Ericsson of Sweden, one of the world's largest suppliers of mobile infrastructure, in the development of the new wireless system.

Juan-der where the money is?

► Bulk of outstanding dollars relates to Point Pleasant Park, Hemlock Ravine cleanup



ALEX
BOUTILIER
@METRONEWS.CA

Almost eight years after Hurricane Juan and seven after its colder cousin, the Halifax Regional Municipality is still waiting for \$5.8 million in disaster relief.

And the municipality's acting chief financial officer is criticizing a federal audit process for the delay.

Bruce Fisher told HRM's audit and finance committee yesterday municipal staff have hit a wall in the form of an extensive audit by Public Safety Canada.

"It's the most overreaching, overbearing audit I think any of us have ever seen," Fisher told the committee. "It's up to the point where we feel Public Safety Canada is hiding behind the audit to avoid making decisions and almost convince us to give up."

HRM spent \$23.8 million to repair infrastructure and

clean up after Juan hit in September 2003. Of that amount, \$17.2 million was submitted to the federal disaster financial administration agreement program for recovery. As of yesterday, \$3.6 million was still outstanding.

For 2004's White Juan, HRM claimed \$2.7 million for clean up costs. A full \$2.2 million of that claim has yet to be received.

"Essentially, Public Safety Canada is making the calls as to whether the claims are legit," Fisher said afterward. "Even though we've gone through massive amounts of documentation and dialogue, we still can't get accepted."

Going forward, Fisher said staff will continue to press Public Safety Canada to bring the matter to a resolution.

"We've been told of another case where it took 12 years. So we're hoping by our 10th anniversary we'll have gotten our money."



► Damage to Point Pleasant Park from Hurricane Juan is seen in this aerial photo from 2003.

HMCS Charlottetown finishes up its duty



JENNIFER TAPLIN
@METRONEWS.CA

After two attacks and six months of patrolling, HMCS Charlottetown is ready to call it quits.

A double change of command ceremony will take place today near Spain. The Charlottetown is handing off command of Canada's maritime contribution to the NATO mission in Libya to Victoria-based HMCS Vancouver.

Charlottetown's Cmdr.

Craig Skjerpen is handing over command of the ship to Cmdr. Wade Carter. Skjerpen is returning to Canada early to take standard training in Toronto.

"They're going to get right into it, fill our shoes quickly and carry on from where we left off," Skjerpen said in phone interview yesterday.

The ship's crew will enjoy a few days relaxing in Spain before they start heading home. They are



► The HMCS Charlottetown will be returning to Halifax next month.

scheduled to arrive in Halifax on Sept. 2.

There are mixed feelings on board the ship about the return, Skjerpen said. They're proud of the work they've done in the past six months but they're also anxious to go home.

"The team here and their families have sacrificed quite a bit. They haven't seen their children for months and it's time to head back," Skjerpen said. Bullets were fired in the

Attacks on NATO

► Frequent Skjerpen said attacks on NATO ships are becoming more frequent as pressure continues to mount on regime forces.

direction of Charlottetown in early May, then rockets were fired at the ship from shore weeks later. Neither attacks struck Charlottetown.

Study aims to improve services

The province wants to launch a governance study intended to help six municipalities in Pictou County run more efficiently.

It is offering \$100,000 for

the study, which would try to find ways for those municipalities to improve services to residents while cutting costs.

THE CANADIAN PRESS

Cops asking for help

Police are asking the public's help in identifying a man they say spray painted the automated teller machines at the RBC on George Street in Halifax this weekend. ● METRO



► Suspect's photo.

Arson investigation continues in Spryfield

Police have made no arrests as they investigate an arson in Spryfield.

Halifax Regional Police say they were called to the area of Lavender Walk re-

garding an unwanted man around 2 a.m. yesterday and saw smoke from a small fire coming from a home.

● METRO

Click! You just voted

► Elections chief wants online ballots ► Present system inefficient and expensive, he says ► May 2 federal election cost \$291 million

The next time Canadians go to the polls in a federal byelection, it could just mean booting up their computers.

Canada's chief electoral officer says he's committed to seeking approval for a test of Internet voting in a byelection held after 2013.

Marc Mayrand also says Elections Canada wants to expand other services offered online, such as voter registration.

In his official report on the May 2 federal election, Mayrand says it's clear Canadians are demanding more ease and flexibility in voting.

May's vote featured a record turnout at the advance polls — even though they were held over the Easter holidays — as well as an increase in special ballots.

An archaic ban?

- Mayrand doubts there was widespread flouting of a rule that prohibits publishing election results in areas where the polls are still open.
- A social media campaign had encouraged people to break the rule, arguing that the Internet age makes such a ban archaic. Mayrand agrees.

"The rigidity of the voting process is not only an inconvenience for electors, but is also expensive and, in some cases, inefficient," Mayrand says in a report released yesterday.

Elections Canada "needs to explore more efficient processes for conducting the vote," he says.

THE CANADIAN PRESS

Stranded. Just like Tom Hanks



► Jaeger Mah greets the media after stepping off a Learjet yesterday at Vancouver's airport. It will be his home for the next 80 days while he tells the airport story. "There's a thousand cultures walking through here every day," he says.

PHYLLIS TORREVILLAS/METRO

He looks like a tourist, but he's going nowhere

Jaeger Mah watched the Tom Hanks movie *The Terminal* the night before he turned up at Vancouver's airport yesterday. The film, about a man trapped at New York's JFK, is decidedly apt — Mah will be stranded for 80 days at YVR. The Hanks movie gave him "some inspiration," said Mah, 29, who won a contest that allows him to live at the airport for 80 days and tell his story online. Mah says he'll be "meeting people who work here, who work on the tarmac, who work in traffic control." Follow him at liveatYVR.ca.

Chief won't rush Stanley Cup riot probes

MATT KIELTYKA
IN VANCOUVER

The surge of public impatience over the lack of charges stemming from Vancouver's Stanley Cup riot two months ago came to a head yesterday.

Under-siege Vancouver police Chief Jim Chu, whose department has not had any riot-related charges approved, addressed media and stressed that "hundreds" of charges will be laid — but only

after thorough investigations.

"If you are in favour of speed, you are in favour of more acquittals and lighter sentences," Chu shot back amid intense scrutiny from media, the public and commentators.

"If we rush cases to court, we risk losing them by being ineffective and inefficient."

Comparisons are being made with the riots in England, where police have



► Vancouver police Chief Jim Chu calls for patience.

MATT KIELTYKA/METRO IN VANCOUVER

laid more than 1,000 charges.

But Chu said given the nature of the violence, demographics and the policing and legal framework, the two situations are simply "incomparable."

Meanwhile, former Vancouver Olympic Organizing Committee head John Furlong and former Nova Scotia deputy minister Doug Keefe are expected to wrap up their review of the riot by Aug. 31.

A night in June

- Police have identified and are investigating 259 separate criminal events on the June 15 night of rioting.
- Nearly 270 suspects have been identified and police plan to launch a new website soon asking the public to help identify about 150 more.
- More than 1,600 hours of riot footage will be sent to a U.S. processing lab.

Mom's off the mark

Research has already found that Canadians think they're skinnier and taller than they really are, but a new study suggests they're also off the mark over the height and weight of their kids.

Statistics Canada found that on average parents underestimated their child's height by 3.3 centimetres and weight by 2.4 pounds. The errors skew kids' obesity rates.

THE CANADIAN PRESS

Police act over 'online threats'

Montreal police say they've made an arrest in a case involving alleged online threats made for

nearly 20 years against atheists and secular scientists around the world.

Police say they had a deluge of complaints from all over the world about a Montrealer who goes by the online moniker "David Mabus" among other pseudonyms.

THE CANADIAN PRESS

Imam faces sex rap

An imam who taught at a Toronto Islamic centre and travelled to mosques around the world is facing sexual assault charges involving at least five alleged victims.

Mohammad Masroor,

48, has been charged with 13 offences, including threatening death.

The investigation involves five alleged victims, both male and female, police say.

THE CANADIAN PRESS

Shanghai family discovers the beauty of good advice on Atlantic shore

While an eye for beauty is similar around the world, banking methods are very different in a new country, according to Quanhong Chen, who brought his family to Canada in 2009.

Drawn to Atlantic Canada's peaceful beauty, Mr. Chen and his wife Li – successful beauty professionals from Shanghai – soon realized the challenges of settling in a foreign land. Fortunately, they found solid financial advice, in their native language, to unveil their goal of homeownership by the sea.

By chance, during a tour of Halifax, the family's creative spirit was ignited when they stumbled upon a house that matched Mr. Chen's aesthetic ideal. "I always dreamed of a home with a view of water, trees and flowers," he recalls, describing the six-bedroom home on Bedford Basin that bore no comparison to their cramped Shanghai apartment.

But beauty seemed fleeting when their bank offered them unattractive mortgage terms due to their short Canadian credit history. On the suggestion of a friend, they visited Scotiabank where they were greeted by a Mandarin-speaking personal banking officer who explained all the details of home-buying in Canada.

"This was our first mortgage ever and we didn't know anything about the real estate market," says Mr. Chen. He notes that the Scotiabanker took the time to carefully explain the various mortgage options.

In fact, Scotiabank has earned considerable praise from immigrants for offering tailored services such as the **Scotiabank StartRight®** Program¹ for Newcomers, which includes a free day-to-day bank account for one year², a wide range of VISA® card options³ and a number of other customized services and benefits.

A year after moving into their seaside home, the Chens are very happy with the service they received from Scotiabank, and Mr. Chen also appreciates the good advice he received in his native tongue, "It was so important to have a banker from our own culture who could give suitable advice. A mortgage is a very serious decision and it's hard to talk about this topic in a new language."

Mr. Chen also advises other newcomers to seek quality counsel from a banker who understands their concerns, including the need for credit upon arrival to help cover high settlement costs.

Now the Chen family is busy, both enjoying and enhancing the local beauty, as operators of the Cantrust Salon in Clayton Park, Halifax. "While business and banking are different here, beauty is the same – we love the friendly people, and we feel positive about our future."

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Six-degrees theory tested

- Facebook and Yahoo set out to prove social-connectivity concept
- Sociologist: Nearly 'all people have a path to each other'

You and the rest of the 750-million global Facebook army might finally be able to prove if "six degrees of separation" is real.

A social experiment devised by Yahoo Labs using Facebook's vast web of connectivity is designed to come as close as possible to the truth of the elusive "six-degrees" idea.

Popularized in a film and bolstered by actor Kevin Ba-

con's career, the theory says everyone in the world (or at least in Hollywood) is just six social connections away from everyone else.

"Pretty much everyone is connected," sociologist Duncan Watts told the Toronto Star yesterday. "99.99 per cent of all people have a path to each other."

Watts is a Columbia University professor and principal researcher at Ya-

hoo Labs, which devised the Small World Experiment.

"As big and diverse as Facebook is, it's not as big and diverse as the whole world," Watts admitted. "But this is a huge step forward from what was possible."

Watts himself tested the "six degrees" theory a decade ago with email.

TORSTAR NEWS SERVICE



► Kevin Bacon

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Big. Celebration



► Indonesian men participate in a greased-pole-climbing competition yesterday, held as part of an independence day celebration in Jakarta.

DITA ALANGARA/THE ASSOCIATED PRESS

Indonesia throws party

This year, Indonesia is celebrating its 66th anniversary of independence from the Netherlands. In the pole-climbing competition during yesterday's festivities, contestants raced up to grab items ranging from buckets to bicycles hanging from the top of the poles as prizes.

Dispute over penis amputation goes to trial

The dispute between a Kentucky man and a surgeon over the necessity of amputating the patient's penis during surgery in 2008 is set to go to trial this week.

The doctor maintains he found cancer in the man's penis during

surgery and that it had to be removed, according to the physician's attorney. The patient claims the surgery was supposed to be a circumcision and he never authorized the amputation, nor was he given a chance to seek a second opinion.

Jury selection begins today in the lawsuit brought by Phillip Seaton of Wadby and his wife, Deborah, against Dr. John Patterson of Louisville. Attorneys hope to start opening statements this afternoon.

THE ASSOCIATED PRESS

*NCR's non-stackable cash offers are available in lieu of opting for 0% financing for 84 months. *2011 Rogue "starting from" price of \$23,648 is an S FWD (N88011 A400) and is excluded from NCR's \$4,000 non-stackable cash discount offer. *2011 Titan non-stackable cash discount of \$12,000 applicable for the SL model only. Most other Titan models have \$15,000 non-stackable cash discount available. *2011 Murano "starting from" price of \$34,498 is an S AWD (L68011 A400) and is excluded from NCR's \$2,000 non-stackable cash discount offer. Freight/PDE, AC fee, fire tax, Eish/Road Hazard, bank & DMV fees, paint charge, sales tax are additional to listed prices. See O'Regan's Nissan for complete details and options.



It was a huge thrill for Kara MacNeill, of New Glasgow, N.S. to meet her World Vision sponsored child Safia, 10, in Ethiopia last year. This month she will travel to Peru on her second World Vision trip, where she will meet another of her 12 sponsored children, six-year-old Evelynne

NOVA SCOTIAN WHO SPONSORS 12 CHILDREN AROUND THE WORLD FINALLY GETS TO MEET THEM

In July, 1985, more than 1.5 billion people tuned in to watch Live Aid, Irish musician Bob Geldof's rocking response to famine in Ethiopia. The event raised more than \$250 million US for food aid in Africa.

It also had a life-changing impact on Kara MacNeill of New Glasgow, N.S., who was just eight years old at the time. "That year, instead of exchanging Christmas presents, my whole grade three class each donated \$2 to the Ethiopian famine relief," Kara says. "The experience made me realize that helping was something I wanted to do."

Kara grew up, went to university, graduated as a psychiatrist, got married and, as soon as she started practicing in 2008, sponsored six children around the world through World Vision Canada.

While Kara's family had sponsored children in Indonesia and the Philippines through World Vision while she was growing up, as an adult she didn't go that route automatically. "We checked out a number of organizations,"

'IT WAS INCREDIBLE'

she explains, and ended up choosing World Vision because "we liked its transparency and openness. It was an organization with a lot of integrity."

Today, Kara's "family" has grown to 12 children age 2 to 15, from South Africa, Romania, Nepal, Mongolia, Zimbabwe, Bangladesh, Cambodia, Honduras, Nicaragua, Brazil, Peru and Ethiopia.

In November 2010, the couple decided to travel to Ethiopia on a project called Destination Life Change, a program in which Canadians volunteer for two weeks on a World Vision initiative.

They visited a school and a water project, and participated in a photography workshop with sponsored children.

Most importantly, though, Kara and

her husband met Safia, their 10-year-old sponsored child. "She and her family lived on a hill. We walked up the rocky slope and Safia came down from the house to meet us, then took my hand and led us back up," Kara recalls. The families exchanged gifts and the whole community joined them for coffee.

"It was incredible – absolutely amazing," says Kara.

"I met kids whose lives had been saved by nutrition program. Kids who had better access to education. Who no longer had intestinal parasites because they had access to medicines. I saw real stories of how lives were different."

For the girl who'd known at age eight that "helping was something I wanted to do," it was a gift beyond price.



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July 4 – August 31, 2011

Big Tobacco strikes back against big government

► U.S. lawsuit against the FDA calls for ban of 'emotional,' 'manipulated' cigarette-pack warnings ► Government-mandated labels must constitute 20 per cent of packaging, which companies say obscures their logos

Five of the largest tobacco companies in the United States want a judge to put a stop to graphic cigarette labels that feature images of a sewn-up corpse and diseased lungs, saying they unfairly urge adults to shun their legal products and will cost millions to produce.

The companies sued the federal government yesterday, arguing that the warnings violate their free-speech rights.

"Never before in the United States have producers of a lawful product been required to use their own packaging and advertising to convey an emotionally charged government message urging adult consumers to shun their products," the companies write in the lawsuit filed in Washington.

They say the warnings no longer simply convey facts to allow people to make a decision on whether to smoke. They instead force them to put anti-smoking advocacy more prominently on their packs than their own brands.



► The tobacco companies' lawsuit says the new warning labels were manipulated to be especially emotional. They say the corpse photo is really an actor with a fake scar, while the healthy lungs were sanitized to make the diseased organ look worse.

The U.S. Food and Drug Administration refused to comment yesterday. But when the labels were announced in June, the FDA called them frank and honest warnings about the dangers of smoking.

The FDA approved nine new warnings to rotate on cigarette packs. They will be printed on the entire top half, front and back of

the packaging.

The tobacco companies say the labels will cost them millions of dollars for new equipment so they can change from warning to warning and designers to make sure the labels meet federal requirements while maintaining some distinction among brands.

THE ASSOCIATED PRESS

5

The five companies behind the lawsuit are **R.J. Reynolds Tobacco, Lorillard Tobacco, Commonwealth Brands, Liggett Group and Santa Fe Natural Tobacco Company.**

Overseas investors drop Canadian bonds

Foreigners reduced their holdings of Canadian securities by about \$3.5 billion in June, all of it in debt instruments, Statistics Canada reports.

The agency says the figures — a reversal in a months-long trend — showed that overall hold-

ings of Canadian bonds by non-residents dropped by \$4.5 billion in June compared with net purchases of \$11.1 billion in May.

Non-resident holdings of Canadian bonds were down mainly due to the net retirement of \$6.4 billion of government bonds.

But overall, foreign investors bought the same amount of Canadian bonds in the second quarter as they did in the first three months of the year.

Meanwhile, Canadian investment in foreign securities slowed to \$343 million in June as the sales of for-

eign debt securities offset the purchases of foreign stocks.

Canadians reduced their foreign bond holdings for a fourth consecutive month. The \$3.2-billion drop in June was mostly U.S. government bonds.

THE CANADIAN PRESS

New stamp honours the Berry best

Research In Motion Ltd. and the BlackBerry are putting their mark on snail mail.

Canada Post is releasing a new commemorative stamp honouring the Canadian-invented smartphone, saying the device "freed information workers from their desks and changed

the way the world communicates."

The stamp is one of four that pay tribute to Canadian inventions. The three others recognize the electric oven, the electric wheelchair and the cardiac pacemaker.

THE CANADIAN PRESS



► Liberation from our desks, or just toting the desk with us? Canada Post says the former.

'BUS-TED!'

Quebec firm behind Obama bus

The Quebec company that built the luxury bus being used this week by U.S. President Barack Obama is keeping mum about the stir the bus has caused south of the border.

The New York Post tabloid chastised Obama for using Canadian-made transportation during his economic recovery tour through Iowa, Min-

nesota and Illinois. The headline read: "Canuck-lehead Obama bus-ted!"

Steve Ziegler, director of business development at Prevost, in Ste-Claire, Que., says the company designed only the outer shell of the \$1.1 million VIP H3-45 bus.

The interior was done mainly by a Tennessee company, and the U.S. Secret Service — which ordered the bus — put in a few finishing touches.

Whether that includes the codes to the U.S. nuclear arsenal, as some reports suggest, Ziegler wouldn't comment.

"We're not really at liberty to talk about them, because it's Secret Service," he said.

THE CANADIAN PRESS

Facebook faceoff starts today

Facebook attorneys appear poised to ask a judge to throw out a lawsuit by a man claiming ownership of the social network after finding what they say is proof the case is baseless.

Lawyers for Facebook and its founder, Mark Zuckerberg, are due in fed-

eral court in Buffalo, N.Y., today opposite attorneys for Paul Ceglia, who says he has a 2003 contract making him half-owner of Facebook.

Facebook says the contract is a doctored version of a document their experts found on Ceglia's computer from when the two men worked together on an unrelated project.

Facebook's filings say that if the case is allowed to continue after what the experts found, lawyers will move to dismiss.

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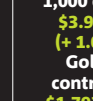
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HOW TO PUT A LITTLE SPRING IN YOUR STAGGER

HE SAYS ...

JOHN MAZEROLLE
METRO



I have a no-nonsense, well organized office in my apartment that looks like a place where work gets done. It looks that way because nobody uses it. I think about it while I drink beer in my neighbourhood bar.

I am a barfly. Wherever I've lived, a bar has been my second home. The current pub is where I go when it's too cold, where I hide when there's lightning, and it's where I fled after separating from my then-wife.

You see how the place gives off good vibrations. Why this bar in particular? It fits my demanding criteria of being very, very close to my apartment. I enjoy its five-star adjacency ranking and its world-class proximity. If I'm ever writing Zagat reviews, my top rating will be NEARBY!

Truth is, if there were a laundromat closer with some detergent fumes and a vending machine, I'd hang there.

"It fits my demanding criteria of being very, very close to my apartment. I enjoy its five-star adjacency ranking and its world-class proximity. If I'm ever writing Zagat reviews, my top rating will be NEARBY!"

Not that the bar is devoid of charm. It's one of those proudly middle-of-the-road places that describes everything on the menu as "our very own," as if they have a cow out back they're getting their burgers from.

Countless hours in this place have made me well-versed in barflyedness and, in the spirit of pubs everywhere, I offer the following unsolicited advice about the ins and outs. Because you remind me of me at that age.

Talk the talk: Remember that everybody at the bar

worked harder than you did that day, and are so friggin' tired and, oh, man, you don't even understand. But it's all cool, no biggie, they do it all the time.

When you join this conversation, because you worked harder than everyone else too, make sure to roll one of your shoulders and wince as you talk.

Tip well: Even if the service is terrible, if you're a regular you have to tip 15 per cent. Because if you got bad service by accident, you don't want to see the bad service you'll get when they do it on purpose.

Spread your empties: Be sure to scatter your empty beer bottles around your table so anybody looking has the impression there's a multi-person party going on, and if they look back later they'll see the many GQ-quality men and buxom redheads who have only temporarily stepped away from the table. If anyone is around long enough to know it's just you and Alexander Keith, well, how long have THEY been there?

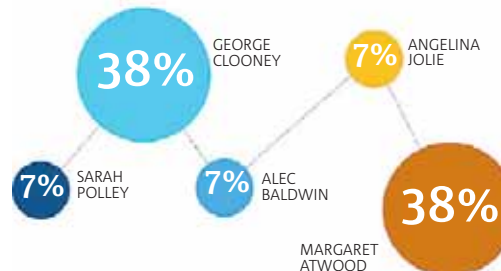
Follow these tips and you'll be the top tippler you can be. Remember: If you're going to be mediocre, you should be the best at it. Cheers!

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
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and take the quick poll

Which celebrity would you most like to see run for office?



Local tweets



► **@tsayguy:** Apparently, they fire a big cannon from

the top of the hill every day at noon here in Halifax. Would've been nice to know beforehand.

#hello

► **@stephiegray:** So much traffic on lower water st - doing construction !

Avoid it if you can #halifax

► **@DarcieEron:** I can't believe some neighbourhoods in HRM don't allow clotheslines. #Halifax

► **@MattMoore7:** #Halifax stadium.... Kinda like Springfield's Escalator to

Nowhere

► **@concreteorange:** Shame about the dead great white shark. He would have been a great addition to municipal politics here in Halifax.

► **@girlalex902:** How is it that the nicest week in #Halifax is also the same week I need to dedicate my week off to studying?! #unfair #nextweekbetter-benice

► **@sewdotcoe:** The Dartmouth Commons is an amazing place to walk a dog! Halifax Commons, why do you fail so much at off-leash?

Letters

We asked readers what they would like to see in their ideal transit system.

It's great to see Metro examining the topic of public transit, but what is the future for public transportation in HRM?

It's More than Buses is the response that hundreds of Haligonians are sending at the grassroots level via public sessions led by the Planning & Design Centre and Fusion.

The consensus is that transit must become a competitive alternative to the car both in the frequency of service and the overall comfort and ease of use of the system. This means that Transit must be integral to how HRM thinks about the design and development of communities.

The It's More than Buses team will be presenting the results of the two sessions on Sept. 7th at the World Trade Centre to build a populous movement that cannot be ignored.

Come and join the conversation.

ROSS SOWARD
HALIFAX

Cartoon by Michael de Adder



WEIRD NEWS

The bare bones of Sweden's real estate market

A Swedish real estate agent has an unusual piece of property up for sale: a five-bedroom house, complete with medieval tomb and skeleton in the cellar.

The central Visby town house on the Baltic Sea island of Gotland was built in 1750 on the foundations of a Russian church. The kitchen lies on the presbytery, and the tomb containing the skeleton — visible through a

glass panel — is in the cellar.

The real estate agency's owner Leif Bertwig says there is no reason to be afraid as the skeleton "lies in consecrated soil and rests in peace."

Bertwig said yesterday the remains likely belong to a Russian man who died some 800 years ago.

The asking price for the house is \$640,000 US.

THE ASSOCIATED PRESS

JOHN AREDAL/THE ASSOCIATED PRESS



► The skeleton of what is believed to be an 800-year-old Russian man.

Entertainment by the Sea

► **Measure for Measure, The Comedy of Errors and Robin Hood** being performed this summer by Shakespeare by the Sea ► Performances running each day except Monday

BACKSTAGE PASS

JENNA CONTER
METRO HALIFAX



Nothing is a better testament to the "family" feel of the Shakespeare by the Sea Society than happening upon its artistic director, Elizabeth Murphy, while she perches herself atop a ladder, painting the company's cargo-trailer.

Originally from the West Coast, Murphy, with a degree in theatre from the University of British Columbia, made the move to Toronto to further her career.

Her talent landed her consistent work in the Stratford Festival for three years, giving her a chance to learn how a big company operates.

Bringing her talents to Halifax, Murphy, along with her fellow co-founders in 1994, invited a group of actors to perform Shakespeare's Twelfth Night in Point Pleasant Park.



► Carly Chamberlain, left, as Isabella and Simon Rainville, as Claudio, in a scene from Shakespeare by the Sea's Measure for Measure.

Pleasant Park.

Thanks to the power of word-of-mouth publicity and community support, on Sept. 14, 1994, Shakespeare by the Sea Theatre Society was incorporated.

"It was an idea whose time had come for the HRM and I think a lot of

people had thought about it and tried to do it, but the atmosphere wasn't right," Murphy said, in the midst of society's 18th season that concludes on Sept. 4.

"We still have minimal advertising, just everybody knows about us

now," Murphy added.

"It's still a big hand-to-mouth company and people don't realize how much money it takes to run a company this size."

Costume designer, Sarah Haydon Roy who, according to Murphy, "is the best thing since sliced

bread," makes sure not a penny is wasted.

With help from assistant Cathleen McCormack, turning a simple apron and an old vest into a period-piece gown is merely a hint of the magic of Shakespeare by the Sea.

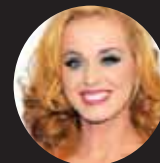
On the web

Visit shakespearebythesea.ca for its remaining 2011 summer schedule.

2

scene

News in brief



Katy Perry has proven she's a multi-hit wonder, becoming the first woman to score five No. 1 songs from one album on the Billboard Hot 100 chart. Her song Last Friday Night (T.G.I.F.) is the latest No. 1 from her platinum album Teenage Dream.

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Broadway's The Lion King puts on a special show for autistic kids, families. Scan code for more.

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JEFF BRIDGES IS THE DUDE

When you get right down to it, Jeff Bridges' new self-titled album got its start more than 30 years ago on the set of *Heaven's Gate*.

And while Bridges says recording music is playing a part, a picture of the actor emerges through the songs he chose.

It's an introspective album, subtly psychedelic with shades of rock and country. It is not an album of acid-tinged lounge music by The Dude, Bridges' iconic character from *The Big Lebowski* — though Bridges says, "I think the Dude would dig this album."



► Jeff Bridges' true self comes through in his new album.

And it's not a slab of outlaw country à la his *Crazy Heart* alter ego Bad Blake.

This is pure Bridges. "It is a very personal album," Burnett said. "It's not a public Jeff. It's

a very private Jeff in these tracks."

This is most apparent in the songs Bridges penned. At the heart of each is a quest or a question.

THE ASSOCIATED PRESS

Sitting at the top, ruling the throne

► Kanye West & Jay-Z's latest project topping music charts across the world ► And they did it their way

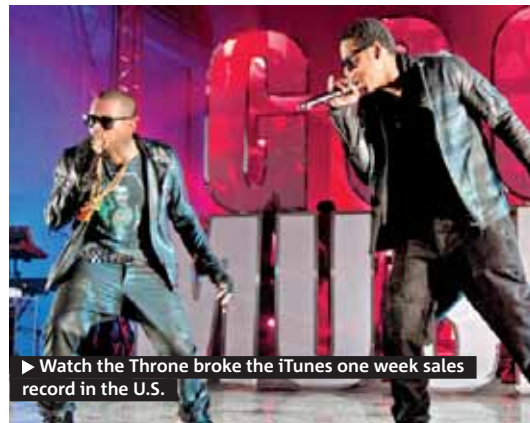


G. VALENTINO
BAL
SCENE@METRONEWS.CA

The numbers are in. No. 1 in 23 countries on iTunes, the Jay-Z and Kanye West (known collectively as The Throne) collaborative album *Watch the Throne* has been a commercial smash. But financial windfalls notwithstanding, why would two of hip-hop's biggest stars even bother with the project in the first place, especially when each rapper is at the top of his game?

The answer might be in the project's first video, *Otis*. Smiling as they trade verses and ride in a Maybach that gets the *Mad Max* treatment, they look like they are having fun with no rules.

"That's the beauty in it. They didn't need to do it for money. Not worried about radio singles or marketing campaigns, they just went in and produced what they thought was a dope album," explains Geespin, assistant program director of New York's Power 105 FM.



► *Watch the Throne* broke the iTunes one week sales record in the U.S.

The presentation of the album was unprecedented. It was for sale exclusively through iTunes, while streaming online for free from Aug. 8 to 11. Then it hit all digital and physical retailers on Aug. 12. This allowed the *Throne* to dodge that most treacherous of artistic enemies in this digital age: the Internet leak. The set also broke the U.S. iTunes Store's one-week sales record last week when it sold nearly 290,000 downloads.

With the physical sales

added to the digital, *Watch the Throne* is a lock for the top spot when *Billboard* updates its charts today.

In the music business, success usually breeds imitation. Are we on the brink of seeing more special projects like this? Will there be an heir to the *Throne*, so to speak? Geespin thinks so.

"I wish that more artists in the position would be more conceptual instead of thinking radio spins," he says. "It's good for the culture."

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Yelchin gets 'freaked out' in Fright Night

► Anton Yelchin stars alongside Colin Farrell in new film



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MWN IN HOLLYWOOD

Anton Yelchin's boyish looks are working against him.

"I am not necessarily attracted to playing high schoolers anymore. Like, I got pretty over it," he says. "I haven't been to high school in five years. I don't really want to do a high school movie anymore, ever."

While his character in his latest film, *Fright Night*, is a high school student, he's quick to point out that's not a major plot point. In fact, once the action gets going — Yelchin's Charlie discovers his smooth-talking neighbour Jerry (Colin Farrell) is actually a vampire — it doesn't matter how old Charlie is as

"There's no, 'Oh, I have two minutes to run to the bathroom? Great.' It's like, 'I need 15 minutes to do what normally takes 30 seconds.'"

ANTON YELCHIN ON WEARING A VAMPIRE-HUNTING SUIT

much as how scared he is, which was a major focus for Yelchin.

"It adds to Jerry's menace," Yelchin says. "The more freaked out he is, the more serene Jerry can be and the more menacing he can be. Because you are Charlie, you're the one that's getting freaked out that something's going to happen."

But the two stars didn't feel the need to stay away from each other off-camera

to master that dynamic, though some actors might've gone that route.

"I've never really done that with anyone unless I needed to; unless I really felt like I couldn't do this without just staying in it," he says. "We seemed to get along pretty well. We definitely weren't like, 'You stay in one corner and I'll stay in another one,' you know what I mean?"

Besides, there were plenty of other factors to the horror movie shoot for Yelchin to contend with.

"Some of the shooting was difficult," he admits.

"The hours, inevitably as the movie's coming to a close, get longer and longer, so you get more and more tired, but we had a great time because the people are really great."

He also got to play some dress up, as Charlie dons an



► Anton Yelchin is shown in a scene from the horror film *Fright Night*.

impressive homemade vampire-hunting suit late in the film, something he'd be delighted to see fans wearing at next year's Comic-Con.

"They will very quickly discover how uncomfortable that outfit is," he says.

"It was so hot. It's fireproof. I don't even know what that material is. It might as well have been bulletproof, too. It looked

cool. At the end of the day, that's all that matters."

Comfort aside, the suit offered some logistical issues: "You have to pick and choose the hours that you're going to go to the bathroom," Yelchin says.

If Yelchin is looking to keep himself from hitting up homeroom again, then his next role, *Like Crazy*, is a step in the right direction.

"We're in our 20s in *Like*

Crazy, so it had nothing to do with high school. It's about kids in college, young men and women after college trying to figure out — in a very serious way — what was going on with their lives," Yelchin says.

"It was a completely different universe. It was like the universe that I feel I inhabit more and more — just life after college, what do you do with yourself?"

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The Fitzgeralds' Nova Scotia

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Central Nova Scotia,
August 19 to September 3

Atlantic Canada Harmonica Festival,
Lake Charlotte, August 20

Nova Scotia Provincial Exhibition,
Bible Hill, August 23 to 27

Queens County Seafest,
Brooklyn Marina, August 26 to 28

Wharf Rat Rally,
Digby, August 31 to September 5

1st Annual Cape Breton Paddlefest,
St. Peter's, September 16 to 18

Abercrombie & Fitch unhappy with 'Sitch'

► Jersey Shore star offered money to stop wearing preppy brand of clothes

Clothing company Abercrombie & Fitch is apparently so displeased with Jersey Shore star Mike "the Situation" Sorrentino wearing their wares that it's willing to pay him to stop.

"We are deeply concerned that Mr. Sorrentino's association with our brand could cause significant damage to our image," the company said in a press release, according to CNN. "We believe this association is contrary to the aspirational nature of our brand, and may be distressing to many of our fans. We have therefore offered a substantial payment to Michael 'the



► Jersey Shore's the Situation.

ALL PHOTOS GETTY IMAGES

"We believe this association is contrary to the aspirational nature of our brand and may be distressing to many of our fans."

ABERCROMBIE & FITCH PRESS RELEASE

Situation" Sorrentino and the producers of MTV's The Jersey Shore to have the character wear an alternate brand. We have also extended this offer to other members of the cast, and are urgently waiting a response."

● METRO

Talking points

Banks pretends to be Handler

GOOFING AROUND WITH HER FANS — WELL, CHELSEA'S FANS Actress Elizabeth Banks gets mistaken for comedian Chelsea Handler pretty often — and she sometimes doesn't correct people.

"A guy walked up to me and said, 'I just love your books. I mean, My Horizontal Life' ... I was like, 'Oh, he thinks he's meeting Chelsea Handler.' I couldn't ruin it for him!" the actress said during a visit to Handler's talk show.

"I was like, 'It's nice to meet you.' I was just hanging out, being Chelsea, drinking my vodka and having a good time. He couldn't have been happier."

● METRO

Celebrity tweets



"note to self never leave lap top with twitter page open in a room full of friends!"



@MissKellyO



@emmabunton

"yesterday my twitter was down, my internet is still not working and my boiler is broke!!! Not a great couple of days!"

@daxshepard



"Once a week I hear someone answer their phone with, 'I can't talk right now.' Do they think phone will explode if not answered?"

Depardieu is classy

French star Gerard Depardieu made quite a stink on a CityJet flight bound from Paris to Dublin recently.

While the plane was delayed on the tarmac, Depardieu asked to use the restroom and, after he was refused, reportedly relieved himself in the aisle

of the plane.

"I will only confirm that he, in effect, urinated in the plane," a spokeswoman for the airline says.

After the incident, the plane had to return to the gate and was delayed for two more hours for cleaning.



► Gerard Depardieu

It was not clear whether any action would be taken against Depardieu. ● METRO

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2 Worldwide trends

► There's a boatload of new shapes, prints and overall ideas to choose from for fall ► Before you hit the stores, refer to this guide for navigating through it all

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS

FOR LESS: FALL TRENDS ON THE HIGH STREET



THE '60S

► H&M dress, \$60 hm.com



SHINE AND SHIMMER

► Zara jacket, \$129, zara.com



► Prada



► Marc Jacobs



► Dolce & Gabbana

SHAPES: THE SIXTIES ARE THE NEW SEVENTIES

It's amazing how quickly decades come and go. Sixties flavoured A-line dresses, skirts and coats ruled the runways for collections such as Prada, Burberry Prorsum and Fendi, replacing all of those floaty '70s looks you coveted last fall. Even trousers have a new feel to them in cigarette shapes with higher hemlines.

PRINTS: POLKA-DOTS AND STARS ARE THE NEW STRIPES

Last season it was all about stripes. But this fall, polka-dots and stars take the prize for the trendiest print. Thank Marc Jacobs, Stella McCartney and Topshop Unique for all the spots you're seeing in the shops, while Dolce & Gabbana are behind all those dresses covered in Milky Way that you've been seeing on the red carpet.

IDEAS: MAXIMAL IS THE NEW MINIMALISM

Embellished to the hilt in crystals and glitter (Dolce & Gabbana) or patchworked to the Gods (Fendi), details and ornamentation are suddenly very important. As seen on just about every runway, more is definitely more this season. And if you're feeling really adventurous, combine them all in a single, in-your-face outfit and own it.

3

life

A very Gaga Christmas



Lady Gaga and her team are going to reinterpret Santa's workshop and put it on display at Barneys. She'll get an entire floor and take over the coveted windows starting in mid-November at the retailer's flagship Madison Avenue store.
THE ASSOCIATED PRESS



Anti-aging skin care tips for men and women

Oops! I thought this was a pencil case.

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KARL LOHNES
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As seasons change so do the trends in

how we dress ourselves, and our beds.

Just back from the New York International Gift Fair & Home Textiles Market

Show, I saw plenty of emerging trends in bedding and decor.

Here's some stylish and comforting ideas to help keep you in bed with the trends.

Luxurious basics

Sheets: Most people think that the higher the thread count (weaves per square inch) the better the quality.

That is often true on the lower end of sheets sets but on thread count sheet sets over 350 they should be looked at by quality of

cotton. The best cotton is made in Egypt, Turkey or Portugal. The hot days and cold nights of growing the cotton created long, strong threads.

You can purchase sheets sets with 800-1500 thread count and think you are getting high quality but be careful — if cheap cotton is used, then you will get wrinkles and pilling within just a few washes.

I like to choose sheet sets that have subtle colour — look for pale blue/grey, lavender or cream sheets to



► A splash of colourful pillows and a throw turns neutral bedding into a trendsetter's bedroom (Crate and Barrel).

add a refined fashionable colour under the duvet.

Pillows: Some like feather and some like synthetic fill. I always suggest having a mixture on the bed so that you have variety. This is especially important in a guest room where you may not know your guest's preferences.

A feather/down pillow will offer a cushy/soft landing for your head while a synthetic pillow will give support to your head and neck. Always protect your new pillows with a zip-up pillow case. This will keep it free from dust and stains from hair products and drool. Don't be afraid to wash your pillow in the gentle cycle of the washing machine either!

Duvet fills: A good quality down duvet will always



► Raw textures, soft colours and organic bedding make for a great spa bedroom look (Crate and Barrel).

Embed some style

► **Shams:** A few large pillows help to create a focal point to the bedroom, especially if you are without a headboard.

► **Bed runners:** These add colour and texture to a plainly dressed bed. Think of it as a table runner — about 7-10 feet long — a scrap of beautiful fabric or a piece of vintage drape works perfectly.

► **Headboards:** HomeSense and Home Depot have lightweight, upholstered headboards covered in the chicest of fabrics for very reasonable prices. Go for a durable covering like leather, vinyl or ultra suede in a nice neutral colour.

to the bedroom. Tie-dyed throws, patchwork duvets and bright coloured sheet sets allow for a fun mix-and-match style.

Pop of colour: Take a perfectly good neutral like grey, cream or gold and layer it all over the bed in various hues. Then add a few dramatically coloured cushions or a throw in rust, purple or turquoise.

look great and give a full, puffy look to the top of the bed. Down is also lightweight, so a large comforter won't be too heavy to sleep under.

Synthetic comforters are great (and less expensive) for children and kids away at school as they can be washed in good hot water and are indestructible.

Silk fibre fill offers the luxurious loftiness of down with the non-allergy worries of the feathers.

Top bedding looks for fall

Spa-like: Organic cotton or linen sheets, baby-soft wool throws in pale, light colours are what soothes the mind and body after a hard day.

Gypsy-traveller: This eclectic mix of fabrics and prints give a young-spirited look

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Weekly Cookbook



In her book *Live Raw: Raw Food Recipes For Good Health and Timeless Beauty* (Thomas Allen & Son, 2011), Mimi Kirk reveals how living raw — eating a vegetarian, and ideally raw diet — can make you look and feel amazing.

Kirk provides advice on detoxifying, what you need to eat every day and why as well as more than 120 raw food recipes such as Zucchini Noodles and Peanut Sauce, Caramelized Onion Bread, Stuffed Portobello Mushroom with Basil Pesto Sauce, Chocolate Caramel Bars and more.

Chapters include: Main Courses, Sweets, Salads & Dressings, Vegetables and Side Dishes.

Wrap it up

► Looking to pack a lot of flavour into a dish? ► Combine savoury ingredients to make tapenade

When you need to jam a lot of flavour into a simple dish, reach for an umami bomb.

That is, foods that are jammed with the fifth taste — savoury (to go along with bitter, sweet, salty and sour). In a small package, these foods deliver seriously big and satisfying flavour. They include Parmesan cheese, anchovies and steak.

It's the reason tapenade — a simple puree of olives, anchovies, garlic, capers, olive oil and thyme — is so great. It's salty, savoury and pungently delicious. It can be spread on baked fish, used as a dip or spread for crusty bread, or do duty as a sandwich condiment.

And don't let the anchovies spook you. You'll never know they are there, but the flavour isn't the same without them.

Using the meat from a rotisserie chicken lends a great hefty, meaty texture

to this wrap.

Roasted Chicken Wraps with Tapenade

Preparation:

1 In a food processor, combine olives, anchovies, garlic, capers, olive oil, lemon zest and juice, thyme and red pepper flakes. Pulse until very finely chopped. Season with salt and pepper, then pulse again.

2 Spoon 15 to 30 ml (1 to 2 tbsp) of the tapenade over each tortilla. Top with several leaves of lettuce, a quarter each of the rotisserie chicken, red peppers and Parmesan. Wrap the sides of the tortilla up around the fillings. The Roasted Chicken with Tapenade wraps can be eaten as is or heated in a 180 C (350 F) oven.

THE ASSOCIATED PRESS

Start to Finish:
20 mins.
Servings:
4



► A puree of olives, anchovies, garlic, capers, olive oil and thyme is the star of this recipe.

Ingredients:

- 375 ml (1 1/2 cups) pitted kalamata olives
- 2 anchovies
- 3 cloves garlic
- 10 ml (2 tsp) capers
- 45 ml (3 tbsp) olive oil
- Zest and juice of 1/2

- lemon
- 10 ml (2 tsp) chopped fresh thyme
- Pinch red pepper flakes
- Salt and ground black pepper, to taste
- 4 large flour tortillas
- Bibb or Boston lettuce

- leaves
- Meat from a 750-g (1 1/2-lb) rotisserie chicken
- 1 jar (340 ml/12 oz) roasted red peppers, drained, patted dry and chopped
- 125 ml (1/2 cup) grated Parmesan cheese

A collision of unlikely flavours

► Oranges, onions and coriander co-exist in this spice-heavy salad

MATTHEW MEAD/ THE ASSOCIATED PRESS



► This recipe makes eight sides.

For the women behind public radio's show for people who love to eat, the perfect salad is one you simply must eat.

"Extraordinary salads turn textures and shots of flavour into new pleasures. And salads take on all sorts of roles," said Lynne Rossetto Kasper and Sally

Swift, whose *Splendid Table* show is heard around the United States.

The pair offers a salad from its upcoming cookbook, *How to Eat Weekends*. "This North African salad was dreamed up as a lesson in getting the most from your spice rack," they said.

Preparation:

1 Fill bowl halfway with ice cubes, add onion. Top with more ice cubes. Add cold water to cover and refrigerate for a few hours or overnight. Drain onions, pat dry with towel.

2 In a microwave-safe bowl, combine oil, coriander and orange zest. Microwave on high for 1 minute. Alternatively, combine ingredients in saucepan and warm over medium heat for 2 minutes. Cool.

3 To serve, arrange orange slices and onion slices on a platter. Scatter with olives and oil. Finish with salt, pepper and sugar.. **THE ASSOCIATED PRESS/ HOW TO EAT WEEKENDS BY LYNNE ROSSETTO KASPER AND SALLY SWIFT**

Ingredients:

- Ice
- 1 small red onion, sliced
- 125 ml (1/2 cup) olive oil
- 30 ml (2 tbsp) coriander

- seed, freshly ground
- 10 ml (2 tsp) finely grated orange zest
- 10 to 12 navel oranges, peeled and sliced into 5-mm (1/4-inch) thick rounds

- 125 ml (1/2 cup) black olives
- Coarse salt
- Ground black pepper
- 20 to 30 ml (4 to 6 tsp) sugar

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4
sports

More sports

Jenna Martin

The Bridgewater sprinter has qualified for tonight's women's 400-metre final at the World University Games in Shenzhen, China. Martin, who competes at the NCAA Division I level with the Kentucky Wildcats, finished second in her semifinal yesterday with a time of 52.97 seconds.



Michael Ray Richardson

The longtime Halifax Rainmen rival during his days as head coach of the Lawton-Fort Sill Cavalry has landed in the National Basketball League of Canada, according to the London Free Press. Richardson, a former NBA star, is expected to be named head coach of the London Lightning. ● METRO

- MacKinnon makes mark after shaky start as Mooseheads training camp gets underway
- Action resumes today at Cole Harbour Place with practices at 10 and 11:15 a.m., capped by an intrasquad game at 7 p.m.



► Halifax Mooseheads rookie Nathan MacKinnon waits for the Zamboni to clear the ice yesterday.

MacKinnon stands tall after early fall



MATTHEW WUEST
@METRONEWS.CA

On the first drill of his first practice with the Halifax Mooseheads, Nathan MacKinnon blew a tire in full flight and wiped out, skittering unceremoniously into the end boards on his backside.

"I caught a bad edge," the 15-year-old said sheepishly after practice at Cole Harbour Place yesterday morning. "What a way to start, right?"

Even the best fall down sometimes, it seems. All the first-overall pick in June's QMJHL draft could do was shake his head and smile as a few nearby teammates banged their sticks to let him know his fancy footwork hadn't gone unnoticed.

Red, green show

Rookie forward Alexandre Sills picked up two goals in Team Red's 4-1 intrasquad win over Team Green last night.

► Sills lined up with Nathan MacKinnon and Alexandre

MacKinnon, however, had the last laugh. Sporting his No. 22 standard-issue QMJHL practice jersey, he dusted himself off for the evening intrasquad game and delivered a goal and three assists in Team Red's 4-1 win over Team Green.

In case anyone missed that performance, he added a nifty goal in a 30-player post-game shootout.

The organization and its fans are hoping there's

Grenier as part of an effective trio.

► Konrad Abeltshauser also scored for Team Red and Matthew Boudreau had a slick tally for Team Green.

► Returning forwards Darcy Ashley and Gabriel Desjardins sat out with day-to-day injuries.

more where that came from. So is MacKinnon.

"Hopefully I can contribute offensively — I think that's why I'm here," he said. "But I'll do anything it takes. I really want this team to win, so I'll do whatever role my coach wants me to do."

He has a hunch he'll get into the team's first pre-season game at the Forum on Saturday at 4 p.m. against the Cape Breton Screaming Eagles, al-

though he's still awaiting final word from the coaching staff.

Either way, he'll use the next two days of practice and intrasquad play to get ready.

"Everyone is just trying to get their legs back," he said.

Many hoped to see gifted left-winger Jonathan Drouin alongside MacKinnon at training camp — the first glimpse of a potentially dynamic duo — but the second-overall pick's no-show left MacKinnon to weave his own magic.

"He's obviously a great player and if he doesn't come, it might hurt our team — but at the same time, that's his business and I don't know what's going on," MacKinnon said. "I'm focused on my game and the team's success."

Moose trying to get Drouin on board

The Halifax Mooseheads have been blindsided by news that highly touted rookie Jonathan Drouin is not reporting to training camp.

Mooseheads general manager Cam Russell said the second-overall pick in June's QMJHL draft intends to stay home and play midget AAA for the Lac-St. Louis (Que.) Lions, despite previously being "gung-ho" to play major junior.

"He's just a little confused right now," Russell said. "The kid's 16 years old and nerves could be a factor. We're continuing to negotiate with him right now."

The Mooseheads are hoping the high-scoring left-winger will have a change of heart. They spoke to Drouin's father yesterday and will talk to his agent, Petr Svoboda, today.

"It's not dead in the water," Russell said.

Svoboda did not return multiple messages yesterday. Phone calls to the Drouin home went unanswered.

● MATTHEW WUEST

A glimpse of the NHL's future?

► League tests possible rule changes using top prospects

There are 27 potential changes being looked at during the NHL's research and development camp and it's possible that not a single one will ever make its way into the league.

The same can't be said of the players who are serving as guinea pigs this week.

One of the most important aspects of the two-day event is the fact top prospects for the 2012 draft are the ones competing in scrimmages with the different rules. Even NHL executive Brendan Shanahan, who is in charge of the camp, harbours no illusions about why roughly half of the league's 30 general managers interrupted their summer vacation to attend.

"The truth is that we coax a lot of them here with the 36 best 17-year-olds in North America," Shanahan said yesterday. "It's sort of once we get them under the roof, as they're scouting these kids, they get trapped into a conversation about hockey and the future of the game."

The NHL makes no secret about the fact that virtually none of the tweaks or

changes being looked at will be officially adopted. Even if a rule garners interest here, it would likely be at least a year before it could be added to the rulebook because it would require approval from the general managers, competition committee and board of governors.

If anything, the research and development camp is more about identifying trends and gathering data that could be useful well down the road.

"This gives us an opportunity to try new things, look at things, even if we never implement them," said NHL commissioner Gary Bettman. "It really gives us a chance to take a deep breath — not during the season, when everybody's worrying about the game they have to play — and make sure that we are comfortable with where we are."

The only alterations that might be expedited can be found in the area around the goal. Shallower nets are being used here along with a "verification" line that runs three inches behind

The ideas

Some of the concepts being tested include:

- **Overtime:** Seven minutes of overtime instead of five with both 3-on-3 and 4-on-4 scenarios tested. Three minutes of 3-on-3 play to follow four minutes of scoreless 4-on-4 action.
- **Shootouts:** Five players from each team will shoot and if the score remains tied, the same players can take another crack in a sudden-death format.
- **Bear hug:** Players will be permitted to wrap their opponent up when taking him into the boards without being called for a holding penalty.

TORSTAR NEWS SERVICE

the goal-line and makes it easier to determine if a puck went in during video review. An alternate camera was also installed in the net to provide a different angle for reviews.

Each of those tweaks could be adopted quickly.

"It's not as sexy as a rule change but it could certainly have a big play in how a game is decided," said Shanahan.

THE CANADIAN PRESS



► Prospects help test new faceoff rules yesterday in Toronto. Rules include: The same linesman drops the puck for all faceoffs and all faceoffs take place only in a faceoff circle.

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FOR AUGUST 17TH

- 9 Kay - My Name Is Kay
- 8 Lady Gaga - Edge Of Glory
- 7 Beyonce - Best Thing I Never Had
- 6 Britney Spears - I Wanna Go
- 5 Rihanna - California King Bed
- 4 David Guetta ft Flo Rida - Where Them Girls At
- 3 Jason Derulo - Don't Wanna Go Home
- 2 Classified - Day Doesn't Die
- 1 Nicki Minaj - Superbass

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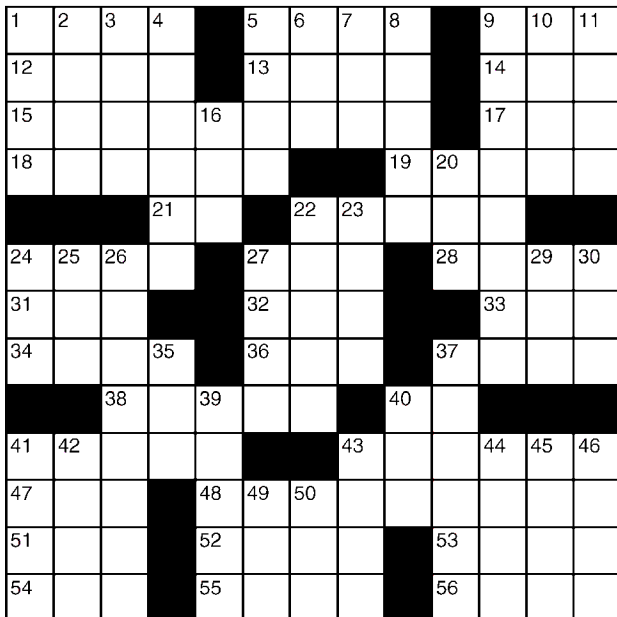
Crossword

Across

- 1 Lose it
5 Bit of derring-do
9 Wager
12 Top-notch
13 Jason's ship
14 "Go, team!"
15 Fictional girl detective
17 Work with
18 Plumed military hats
19 Host
21 Type measure
22 Donny's sister
24 Brazen
27 Highland hat
28 Skirt feature, maybe
31 Shock and —
32 Catcher's place?
33 A billion years
34 Accomplishment
36 Dawn goddess
37 Penny
38 Marine from Mayberry
40 "Little Women" woman
41 Less improved
43 Mountain range
47 A Gershwin
48 Super Bowl XLIV MVP
51 Chaps
52 Tittle
53 Money
54 Cauldron
55 Vacationing
56 Art Deco pioneer

Down

- 1 Without
2 Ark captain



- 3 Faris or Paquin
4 Ate like a bird
5 Crazes
6 Blunder
7 Time of your life?
8 Pisa landmark
9 Martial-arts film star
10 Facility
11 Quaker's pronoun
16 Thither
20 Wrong (Pref.)
22 City head
23 Iowa city
24 Awful
25 Have debts

- 26 "Shampoo" Oscar winner
27 Genealogy chart
29 Charged bit
30 Stick with a kick
35 Two, in Tijuana
37 Strong-arm
39 TV, radio, etc.
40 Triangular sail
41 Weaking
42 Black-and-white cookie
43 Convince
44 Back
45 Leftovers
46 Arthur of tennis

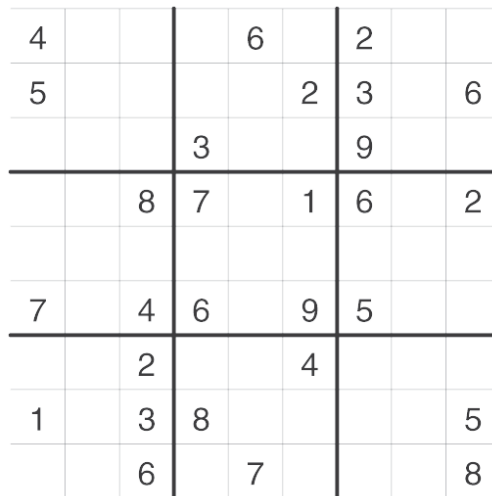
49 Tier

50 Greek vowel

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

1	7	8	3	6	9	5	4	2
3	2	5	8	4	7	9	6	1
9	4	6	2	1	5	3	8	7
7	5	4	1	9	3	8	2	6
6	8	3	5	2	4	1	7	9
2	1	9	7	8	6	4	3	5
8	3	1	9	7	2	6	5	4
4	9	2	6	5	8	7	1	3
5	6	7	4	3	1	2	9	8

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lusquiggles, you are the most amazing person on earth. I love your smiles and your hugs and kisses, even though we haven't seen each other for two months and we were 5339.385 kilometres apart. Sending kisses 30,000 feet in the air for a safe flight home to me. xox **NOVIA**

Boo Behr, Since the first night, when I kissed u surprisingly under the big red ball, I knew u were, "who" our creator sent 2 me, I'll love you always and forever my big behr xoxo luv ur wife 4 life **THE KAT**

Dear Rez, Happy 3rd wedding anniversary. We are yet to go on our honeymoon. But know: everyday with you is like a honeymoon. You make me complete. u're everything a girl wants in a man and more. Love you with all my heart. **YOUR OTHER HALF**

Today

24°/15°
Mainly sunny

Friday

25°/15°
Partly cloudy

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TWN incorporates MSC data

Today's horoscope

♈ Aries March 21-April 20 By all means, disagree with someone whose authority you don't respect.
♉ Taurus April 21-May 21 You may be willing to change your plans to fit in with someone else's schedule but don't think you must.
♊ Gemini May 22-June 21 You may be annoyed that a pal didn't consult you before changing his or her plans, but don't let it show.
♋ Cancer June 22-July 22 You have a long road ahead of you, so don't take on any more responsibilities. Stop wasting your energy.

♌ Leo July 23-Aug. 23 Even routine matters are likely to change today, so don't plan too far ahead.
♍ Virgo Aug. 24-Sept. 22 You're about to discover that your sympathy for someone you thought was in trouble was entirely misplaced.
♎ Libra Sept. 23-Oct. 23 You have a tendency to fear the worst. The planets indicate that nothing hurtful is going to happen.
♏ Scorpio Oct. 24-Nov. 22 Someone you meet today will inspire you and you will go out of your way to copy their success.

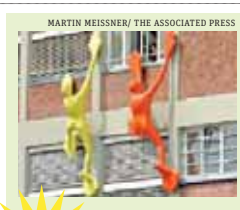
For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 What someone tells you today might sound like good advice but read between the lines.
♑ Capricorn Dec. 22-Jan. 20 Disruptions are likely and you'll get angry with people who change their plans at the last moment.
♒ Aquarius Jan. 21-Feb. 18 Do you push ahead with something that is right for you but wrong for others? Listen to your conscience.
♓ Pisces Feb. 19-March 20 Help those in trouble but resist the urge to lecture. **SALLY BROMPTON**

Caption contest



"Planet of the Apes? Not a bad idea."
BRIAN



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